

Attitude Adjustment



One Church — One Message

Lenten Message Series

HUMILITY OF REPENTANCE: Being humble means to admit when we are wrong – to others and to God in Confession.

Scripture: Luke 15

Today, we focus on the message of humility that comes in the form of repentance. Admitting our sins and our failures is the key to growing in humility. We are all prodigals who need to admit to God our need for his mercy and forgiveness. We need to practice the humility of saying we are sorry and that we have done wrong.

What does God want us to know? God's forgiveness and mercy are unconditional, abundant, and freely given, signifying that He is willing to forgive and show compassion even when we do not deserve it. A proof of it is the sacrifice of Jesus Christ, His Son, on the cross. He wants you to be merciful and forgiving to others as He is merciful and forgiving to you.

What does God want us to feel? After confessing our sins through the Sacrament of Reconciliation, we should feel a sense of peace, relief, forgiveness and a "weight lifted off your shoulders" as the Sacrament of Reconciliation is meant to bring reconciliation with God and a clean conscience, leaving us feeling renewed and spiritually uplifted. God wants us to experience a feeling of joy and liberation from the burden of sin.

What does God want us to do? To spend a moment and make your examination of conscience and when ready go to the Sacrament of Reconciliation, either here at your parish or somewhere else.